

Spotlight on



PERSONAL



PROGRESS



DEVELOPMENT



Solihull College
& University Centre

Stratford-upon-Avon
College



Introduction

Hello and welcome to Solihull College & University Centre.

Our Personal Progress and Development Programme is one that we believe provides you with everything you need to reach your full potential both here at college and in your future career. The PPD programme lies at the heart of everything we do and is an enriched and extensive provision that provides the very best in pastoral care.

Our Personal Progress and Development programmes have been designed to allow weekly contact with Personal Development Coaches in order to build positive pastoral relationships that enable you to progress and thrive. The PPD sessions intend to prepare you for lifelong learning and employment, to develop confidence to explore the world around you and build resilience to overcome challenges. PPD sessions enable you to develop confidence, resilience, values and become positive contributing members of society.

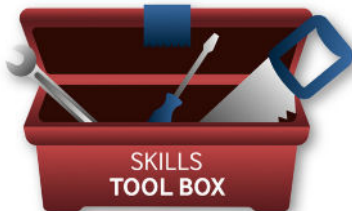


PPD sessions address the below criteria:



Knowledge

- An exploration of various issues affecting young people and opportunities to develop personal, social and employability skills.
- Feel safe at College and develop a better understanding of Personal Values (goal setting and career planning), British Values and Prevent.
- Social and life skills including 'Money Management and Financial Wellbeing' 'Mental and Physical Health' and exploring what really matter in terms of 'Happiness and Wellbeing'. These are skills that will better prepare students for adult life and future success.
- Preparing students for their next steps and future career development. Explore various opportunities and pathways including Apprenticeships, Higher Education and Employment.



Skills

- Resilience
- Confidence building
- Working remotely
- Tolerance
- Respect
- Building a rapport with your Personal Development Coach
- Values



Behaviours & Attitudes

- Follow College Code of Conduct
- Follow guidance conducting PPD sessions - participate in PPD sessions in class or online as directed by your coach
- Show respect for everyone
- Enter PPD sessions with a willingness to learn

Our vision...

...is that everyone can progress and reach their full unique potential academically, personally, socially and professionally.

In order to do this, there must be a strong foundation of care, support and guidance to ensure you are happy, feel safe and are confident to embrace all the opportunities that our college community work so hard to provide.

Emma Scothern and Beth Tite are Head of Personal Progress and Development. Each year we create a purposeful and tailored PPD programme to meet the needs of our learners, future employers and society. These programmes are differentiated by level and provide a wide range of exciting, diverse and thought provoking topics every week.

On the next page we will set out some of the PPD sessions planned over the coming academic year





September - November

My Starting Point and Target Setting

Success does not just come you have to work for it. To be successful we need to set and achieve our goals. This session is all about how to write a SMART target. This will help you to reach your full potential and get the most out of your course and time at college.

My Career Plan

Let's look into the future! Do you want to fulfil your dreams, are you ready for your next steps? This session is all about preparing you for the future and making sure that you get to where you want to be. It is also a fantastic way for your coach to get to know you more by completing your Vision Boards.

Student Voice and Rep Elections

Your Voice Matters! Do you want to unleash some amazing opportunities and represent your peers? Do you want to receive exclusive tickets to events and share your thoughts with senior management on how they can improve courses and the college? This is your opportunity to make a difference and get involved.

Work Experience and Work-Related Activity

Have you found an amazing placement that all your peers will be jealous of? If not, why not? Nothing is stopping you, be proactive and get going. An excellent work experience opportunity can make all the difference to your CV and your applications for jobs and Higher Education. Who knows it may also lead to a job!

Checkpoint 1

This is your first 1-1 with your Personal Development Coach and an opportunity to discuss your progress so far. Have you passed your probation period? Do you have anything that you would like to talk about? What are you enjoying or not enjoying, is there something that you would like support with? There will be a focus on target setting and review.

December - February



Fundamental British Values

What are your values? We have our own values, these may individual values, family values, community values and indeed country values. Britain has four fundamental values; this tutorial will allow you to explore what they are and whether they are similar to your own.

Preventing Radicalisation

This tutorial looks at how we can protect ourselves and others from being radicalised. It is important that we 'Act Early' and educate ourselves on the signs of radicalisation and what we can do to prevent it. You will get the opportunity to explore and discuss acts of terrorism in a safe and non-judgmental environment.

Mental Health

This is a resource rich tutorial. There are many different options for you to choose from including time to explore the new Mental Health Hub on the Student Hub, the Mental Health resource bank you can find in Moodle, and several online packages to help you with things like stress and exam stress. Help and support is at your fingertips.



FREE Tutorial

What a fantastic opportunity to choose a topic of your choice. This could be something that you are particularly passionate about or something very current that is impacting on you and other young people. Speak to your Personal Development Coach about what you want to look at.

Checkpoint 2

This is your second 1-1 with your Personal Development Coach. Are you making good progress? Is there something that you would like to discuss? What are you doing well at and what do you need to improve? This 1-1 will focus on your next steps and progression. You will set new targets and review any existing ones.

March - May

Knife Crime

Unfortunately knife crime is rising. Did you know that carrying a knife for protection means that you are twice as likely to be stabbed! With 'joint enterprise' you can also be charged with the same crime even if you were not carrying the knife. Let's talk about it in a safe and non-judgmental environment.

Healthy Relationships and Consent

What is a healthy relationship? There are many different types of relationships including family, romantic and professional. This is your opportunity to discuss boundaries and what is a healthy and unhealthy relationship, you may be surprised!

Sustainability

One planet. Our lifestyles, our choices, our voices, we can make a difference! Imagine 8 billion hot air balloons full of carbon dioxide in the sky, that is how much each of us produce every year. What is global warming, what are renewable energies, what can we do to save our planet?



PPD Journey

A time for reflection and evaluation. What have you learned, what have you enjoyed, what skills and behaviours have you developed? This is an opportunity for you to recall all the topics you have explored and how they have helped you prepare for your next steps and beyond.

Checkpoint 3

This is your third 1-1 with your Personal Development Coach. Are you on track to meet your stretch target and pursue your chosen career plan? What knowledge skills and behaviours have you developed and what do you need to continue to develop? Are you ready for your next steps and destination?



STUDENT IMPACT ON



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YOU SAID,
WE DID!

At Solihull College & University Centre and Stratford-upon-Avon College, we are preparing every student for success. We recognise, understand and adapt to each student's journey. Our PPD implementation is not a "one size fits all", we have adapted our delivery based on student feedback, to offer face to face PPD sessions with their Personal Development Coach and peers, and the option of completing PPD sessions using digital skills, whilst developing independence and research skills.

Based on student feedback, in addition to our PPD Intent, we now offer sessions on:



Healthy Relationships &
Consent



Equality and Diversity



Sustainability



Study Skills

As a result of student feedback, we have introduced PPD+, a suite of online sessions on topics that our students have identified as important to them.



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Case Studies

Throughout the year, it is important to promote positive behaviours and support impactful student engagement within society. Below are some case studies to show how the skills developed within PPD and PPD+, can impact everyday life.

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College puts spotlight on Mental Health

SEND students impress in employment

Student Conference The Future is Bright goes virtual

Stratford student strives for sustainability

New skills enhance construction employability

Wellbeing workshops welcome students back to campus

Young carer honoured for community work

Will celebrates LGBT+ History month with virtual talks

Animal Welfare student overcomes anxiety to teach others

Sport student set for scam degree

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Whilst here at Solihull College & University Centre, you will be given the opportunity to meet with your Personal Development Coach every week during a timetabled PPD session. This might be in the form of a group tutorial or as a checkpoint. Checkpoints are a valuable time in the year when Personal Development Coaches and students meet on a one-to-one basis to ensure every learner is making progress and fulfilling their unique unlimited potential.

All students here at Solihull College & University Centre are supported by their Personal Development Coach but there is also a whole array of specialist services and staff to support them in their role. We have a wonderful community of Safeguarding Officers, Career Advisors, Work Placement Officers and Mental Health experts. Along with this specialist advice, guidance and support we also provide a fantastic and extensive Library and Open Access resource along with our English and Maths Hubs to enhance all our learners study skills and academic progress.



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